

Experts at Indraprastha Apollo Hospitals Highlight Urgent Need for Stroke Recognition and Timely Care During Apollo Stroke Awareness Programme (ASAP)

Category: Business

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In observance of Stroke Awareness Month, **Indraprastha Apollo Hospitals**, New Delhi, organized the **Apollo Stroke Awareness Programme (ASAP)** on October 8, 2025, to promote awareness about stroke prevention, early recognition, and timely management.



Students attend the 'Apollo Stroke Awareness Programme (ASAP)' at Indraprastha Apollo Hospitals to learn about early stroke recognition and timely care

According to the World Health Organization (WHO, 2023) and the World Stroke Organization (WSO), stroke is the second leading cause of death globally after ischemic heart disease. In India, it stands as the third leading cause of death, following heart disease and cancer, and remains a major cause of adult disability. The World Stroke Organization observes October 29 as World Stroke Day, while the Indian Stroke Association dedicates October as Stroke Awareness Month to encourage prevention, early treatment, and rehabilitation.

Aligned with the World Stroke Day 2025 theme, "Every Minute Counts", the Apollo Stroke Awareness Programme (ASAP) emphasized the urgency of recognizing stroke symptoms and acting promptly (#ActFAST). The event witnessed participation from nearly 170 attendees, including school students from The Air Force School (Subroto Park Delhi Cantt), Lal Bahadur Shastri Senior Secondary School (R.K. Puram), and DAV Jasola, along with stroke survivors and caregivers.

Expert-led sessions provided valuable insights into stroke management and recovery.

- **Dr. Avinash Goswami**, Attending Consultant – Neurology, guided participants on how to “Spot the Stroke,” highlighting the importance of early recognition.
- **Dr. Pushpendra Nath Renjen**, Senior Consultant – Neurology, discussed early management approaches and key factors influencing recovery.
- **Dr. Seema Grover**, Chief – Physiotherapy and Rehabilitation, spoke on the vital role of post-stroke rehabilitation and introduced the hospital’s **advanced Robotic Neuro-Rehabilitation Unit**, designed to accelerate motor recovery.

The initiative also underscored the role of **youth engagement**, empowering school students to become **young ambassadors for stroke awareness**, spreading vital knowledge about prevention, recognition, and emergency response within their communities.

Dr PN Renjen, Senior Consultant, Neurology, Indraprastha Apollo Hospitals, said, *“Stroke is not just a medical emergency; it’s a race against time. Recognizing the warning signs early and reaching a hospital immediately can mean the difference between recovery and lifelong disability.”*

Through such efforts, **Indraprastha Apollo Hospitals** continues its commitment to building a healthier, more informed, and stroke-aware society.

About Indraprastha Apollo Hospitals

Indraprastha Apollo Hospitals, India's first JCI accredited hospital, is a joint venture between the Government of Delhi and Apollo Hospitals Enterprise Limited. Commissioned in July 1996, it is the third super-specialty tertiary care hospital set up by the Apollo Hospitals Group. Spread over 15 acres, it houses 57 specialties with more than 300 specialists and more than 700 operational beds, 19 operation theatres, 138 ICU beds, round-the-clock pharmacy, NABL accredited laboratories, 24-hour emergency services and an active air ambulance service. Apollo Hospitals Delhi has the leading programme in kidney and liver transplant in the country. The first successful paediatrics and adult liver transplants in India were performed at Indraprastha Apollo Hospitals. The hospital is at the forefront of medical technology and expertise. It provides a complete range of latest diagnostic, medical and surgical facilities for the care of its patients. The Hospital has introduced the most sophisticated imaging technology to India with the introduction of 64 slice CT and 3 Tesla MRI, Novalis Tx and the integrated PET Suite. Indraprastha Apollo has also pioneered the concept of preventive health check programmes and has created a satisfied customer base over decades. The Hospital has been consistently ranked amongst the best 10 hospitals in India by The Week survey for the past few years.

Hospital website – www.apollohospdelhi.com

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