

Group 108 Organizes – International Yoga Day Glows at Walkway 108

Category: Business

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In the golden hues of early morning, Walkway 108 turned into a sanctuary of mindfulness and movement as **Group 108** hosted WALKWAY WELLNESS on June 21, 2025, to mark International Yoga Day. The event, held between 5:30 AM and 6:30 AM, drew an overwhelming response from fitness enthusiasts, residents, and yoga practitioners across Greater Noida West, all gathering with a common purpose-to breathe, stretch, and celebrate wellness.



Walkway Wellness by Group 108: Where Community, Calm, and Conscious Living Converged on International Yoga Day

With over 250+ participants, the open-air session was led by a Ministry of Ayush-certified yoga instructor, who guided the crowd through a sequence of traditional asanas, breathing techniques, and meditation practices. The theme **“Let Energy Lift You. Let Calmness Ground You”** resonated through every movement as participants found a quiet balance amidst the collective energy.

The event was not just a session-it was a wellness experience. From fitness challenges to a spirited Yoga Quiz, the morning buzzed with activities that were both fun and enriching. Participants also enjoyed engaging Q&A sessions, where queries around yoga, mental well-being, and healthy lifestyle choices were addressed with clarity and warmth.

Each attendee received a wellness kit that included a premium dry-fit T-shirt, healthy refreshments, hydration support, and a certificate of participation-a token of appreciation for

being part of this conscious community initiative. A dedicated selfie booth and professional photography ensured memories of the day were captured with joy.

The coordinated turnout from various walks of life gave the gathering a truly inclusive and community-focused spirit. Walkway 108 echoed with conversations about holistic health, preventive care, and simple yet effective ways to bring yoga into daily routines.

Speaking on the success of the event, **Dr. Amish Bhutani, MD, Group 108** – shared, *“WALKWAY WELLNESS was created with the vision to foster unity through wellness. It was inspiring to see people of all ages come together-not just to perform yoga but to experience the spirit of International Yoga Day in its truest form. At Group 108, we believe that well-being is the foundation of every thriving community, and this event was a step in that direction.”*

As the morning wrapped up under a rising summer sun, Walkway 108 stood as a glowing example of how urban spaces can become catalysts of calm, energy, and well-being when powered by intent.

WALKWAY WELLNESS reaffirmed Group 108’s ongoing commitment to crafting not only spaces, but experiences that enrich life and elevate everyday living.

