

# Quintessence 4.0: A Grand Confluence of Talent, Culture, and Joie de Vivre

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Jamnabai Narsee School, GIFT City was transformed into a vibrant epicentre of sporting & cultural excellence as it proudly hosted Quintessence 4.0



**Trustee Mr. Sujay Jairaj, Trustee Ms. Minal Thacker , Mr. Maniesh Paul & Ms. Isha Koppikar at the opening of Quintessence 4.0 at Jamnabai Narsee School, Gift City**

Quintessence @quintessence\_intraschoolfest is an intra-school festival, thoughtfully envisioned by Trustee [Mr. Sujay Jairaj](#). It serves as a distinguished collaborative platform that unites students from five eminent institutions: Jamnabai Narsee School, Mumbai and GIFT City, Jamnabai Narsee International School Mumbai; and Chatrabhuj Narsee School Mumbai and Pune, fostering excellence and shared purpose. Comprising over 200 categories, over 2000 participants from 5 schools, 3 cities and 2 states, Quintessence 4.0 exemplified the ideals of creativity, camaraderie, and collaborative endeavour.

In his address, **Shri Sujay Jairaj** highlighted the transformative power of dreams, *“Dream, Believe, Pursue, and Achieve. Dream ambitiously, commit wholeheartedly to your goals, strive for excellence in all your endeavours, and remain humble, celebrating each success along the way,”* as a guiding principle for realizing one’s fullest potential.

The name ‘**Quintessence**’ signifying the perfect embodiment of a quality or class, aptly captures the festival’s essence. Represented by the logo Joie de vivre, which embodies the joy and exuberance of life, the festival was conceived to celebrate students multifaceted talents in sports, the creative arts, and performing arts alike.

In its fourth edition, Quintessence gained further prominence with the presence of Guests of Honour Ms. Isha Koppikar and Mr. Maniesh Paul, inspiring students to view their creative

and extracurricular pursuits as vital contributions to society. The competitions were overseen by a panel of esteemed judges, Kiku Sharda, Sunil Vishrani, Karanvir Sharma, and celebrated folk artists Kirtidan Gadhvi and Arvind Vegda.

The event was also graced by other luminaries such as choreographer Mr. Shounak Vyas and writer Mr. Anil Mulchandani alongside experts from arts, theatre, literature, culinary arts, and science & technology, gave students the rare opportunity to showcase their talents before industry leaders.

**Trustee Ms. Minal Thacker** expressed, *“Quintessence inspires individual excellence, promotes collaboration, and celebrates the shared triumphs of our students. It serves as a platform for joint endeavour and truly captures the vibrant energy present across all 5 schools.”*

Quintessence fosters creativity, innovation, synergy and confidence among students, embodying a vision that has been steadfastly nurtured over the years. The event stood as a powerful reminder that when youth and opportunity converge, the result is nothing short of magical.

As the fourth edition came to a close, Quintessence 4.0 was unanimously celebrated as a triumph.

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