

SGT University Hosts Transformative Exchange for Utah Tech Nursing Students Under Global Connects Initiative

Category: Business

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In a powerful display of international academic collaboration and cultural exchange, the Office of International Relations, SGT University, hosted 13 nursing students and 2 faculty members from Utah Tech University, USA, from May 5 to 16, 2025. The two-week program offered a rich blend of clinical training, academic collaboration, traditional healing exposure, and immersive cultural experiences.



Nursing students from UTAH University exploring the Indian medical system at SGT University

During the two-week program, the visiting nursing students explored multiple facets of India's diverse healthcare system. Their academic journey spanned from field visits to a leading partner hospital in Gurugram to immersive learning experiences across SGT University's specialised departments, including Ayurveda, Naturopathy, Yogic Sciences, Panchakarma, and Clinical Psychology. The students also received advanced nursing training through high-fidelity simulation-based modules at SGT's world-class National Reference Simulation Centre (NRSC).

They also engaged in hands-on workshops, gaining practical experience in mud therapy, chromotherapy, and preparing Ayurvedic flameless diets. A dedicated session on Rasa Shastra introduced them to the fundamentals of Ayurvedic medicine formulation, where they actively participated in preparing herbal remedies in the university's pharmacy lab.

"At SGT University, we believe in nurturing not only academic excellence but also global citizens who can lead with empathy,

cultural intelligence, and clinical competence,” said Prof. (Dr.) Hemant Verma, Hon’ble Vice Chancellor, SGT University. “This exchange embodies our vision of blending tradition with innovation, and connecting students across borders to learn, grow, and inspire,” he added.

The exchange wasn’t limited to academics. Students explored India’s rich heritage through visits to the Taj Mahal, Akshardham Temple, and Connaught Place. On campus, they experienced vibrant cultural activities such as Mehndi application, a cricket match, canvas painting, a rural immersion at Rangmanch, and a high-energy Bollywood DJ Night—all coordinated by the Student Welfare Centre.

“It’s been an amazing experience at SGT. One of my favourite things has been getting to explore all the different departments, especially learning about yogic sciences and naturopathy. We’ve learned so much about the Indian medical system, which has been incredible,” shared Bri Barben, a nursing student from Utah Tech University.

“So far, my experience at SGT has been amazing. I’ve been learning so many things. From Ayurvedic medicine to yogic experiences—and meeting a lot of students has been wonderful,” said Madison Jonson, also from Utah Tech University.

The program concluded with insightful student presentations comparing nursing practices in India and the U.S., followed by a valedictory ceremony celebrating the learning, camaraderie, and cross-cultural growth experienced by all participants.

Office of International Affairs, a cornerstone of SGT University’s international strategy, continues to position the institution as a regional hub for collaborative education, global healthcare training, and cultural diplomacy, ensuring students gain exposure far beyond classroom walls.

About SGT University: Nurturing Future Leaders in Gurugram Through Excellence in Education

Shree Guru Gobind Singh Tricentenary University (SGT University), Gurugram, is one of the leading multidisciplinary institutions in Delhi-NCR, accredited with an A+ grade by NAAC. With over 200 programs across diverse fields such as Engineering, Health Sciences, Law, Design, and Management, SGT University is committed to academic excellence, industry alignment, and research innovation. It houses advanced research labs, Centres of Excellence, and government-recognised incubation centres. With 600+ patents, 10,000+ publications, and collaborations with top organisations like Deloitte, Infosys, and KPMG, SGT University is a catalyst for transformative learning, entrepreneurship, and career-ready talent for a global future.

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