

Vanilla Hour by Neer Ya Explores Love, Trauma, and the Courage to Begin Again

Category: Business

written by News Mall | January 10, 2026



Author **Neer Ya** announces the release of her latest novel, *Vanilla Hour*, a deeply moving, genre-blending work of literary fiction that spans continents and decades, exploring resilience, motherhood, love, and the inescapable pull of the past.



Model & cinestar Sudharani at the book reading with Neer Ya at the Atta Galata Bengaluru today

Set between 2008 Delhi and 2025 Tokyo, *Vanilla Hour* follows Dr. Nandini Yadav, a respected geochemist who has painstakingly rebuilt her life after devastating personal trauma. Now settled in Japan with her sharp-witted teenage daughter Aani, Nandini exists within an unconventional yet nurturing family that includes her ex-husband Karan and his wife Yuki. Despite the stability she has achieved, Nandini is haunted by unresolved memories—of a brutal assault and the sudden disappearance of Anoop Krishnamurthy, her brilliant first love, after a catastrophic fallout two decades earlier.

The fragile equilibrium of her present unravels when Nandini attends a college reunion in Goa and comes face-to-face with Anoop. Their reunion is charged with chemistry, regret, and unspoken truths—particularly surrounding Aani's paternity. The situation escalates dangerously with the return of Alan, the man responsible for Nandini's past trauma, and Anoop's own dark history resurfaces, revealing years spent trapped in indentured servitude to a Jakarta crime syndicate.

As past and present collide, Vanilla Hour becomes a powerful story of survival and second chances. With threats closing in, Nandini and Anoop are forced to confront decades of pain and betrayal, leaning on one another—and on an unconventional family—for protection and hope. The tension reaches a heartbreaking climax when Aani uncovers the truth about her origins and runs into mortal danger.

Blending emotional depth with gripping suspense, Vanilla Hour asks urgent questions about what defines a family, the cost of buried truths, and whether it is ever truly possible to outrun one's past.

Speaking about the book, author **Neer Ya** says, *"Vanilla Hour was written for anyone who has survived something they never speak about, for those who carry love and loss side by side. I invite readers to step into Nandini's world, to sit with her silences, her courage, and her choices—and perhaps find pieces of their own story reflected there."*

Vanilla Hour is now available for readers seeking an emotionally resonant, thought-provoking novel that lingers long after the final page. Find your copy on: www.store.pothi.com/book/neer-ya-vasnilla-hour.

Issued by BERNAY IMC

Author's Profile:

Neer is techie-banker. She is a Creative Technologist with a blend of FinTech expertise, digital and AI product leadership with artistic flair.

Her entire career has been on the cusp of business and

technology. After graduating from Symbiosis Centre of Information Technology, she spent last two decades being at the forefront of digital and AI technology, around the world.

She started her writing journey as a youngest journalist at the Times of India, Patna and always been writing in some shape and form.

Now she works for an international bank in Hong Kong.

Vanilla Hour is her first fiction work.

